



advantage > you

**WESTERN HEALTH ADVANTAGE**  
is a health plan with something  
for everyone on your team.



Opportunity. Diversity. Service.



Room to Move. Room to Grow.

JUNE 1, 2016



Western Health Advantage



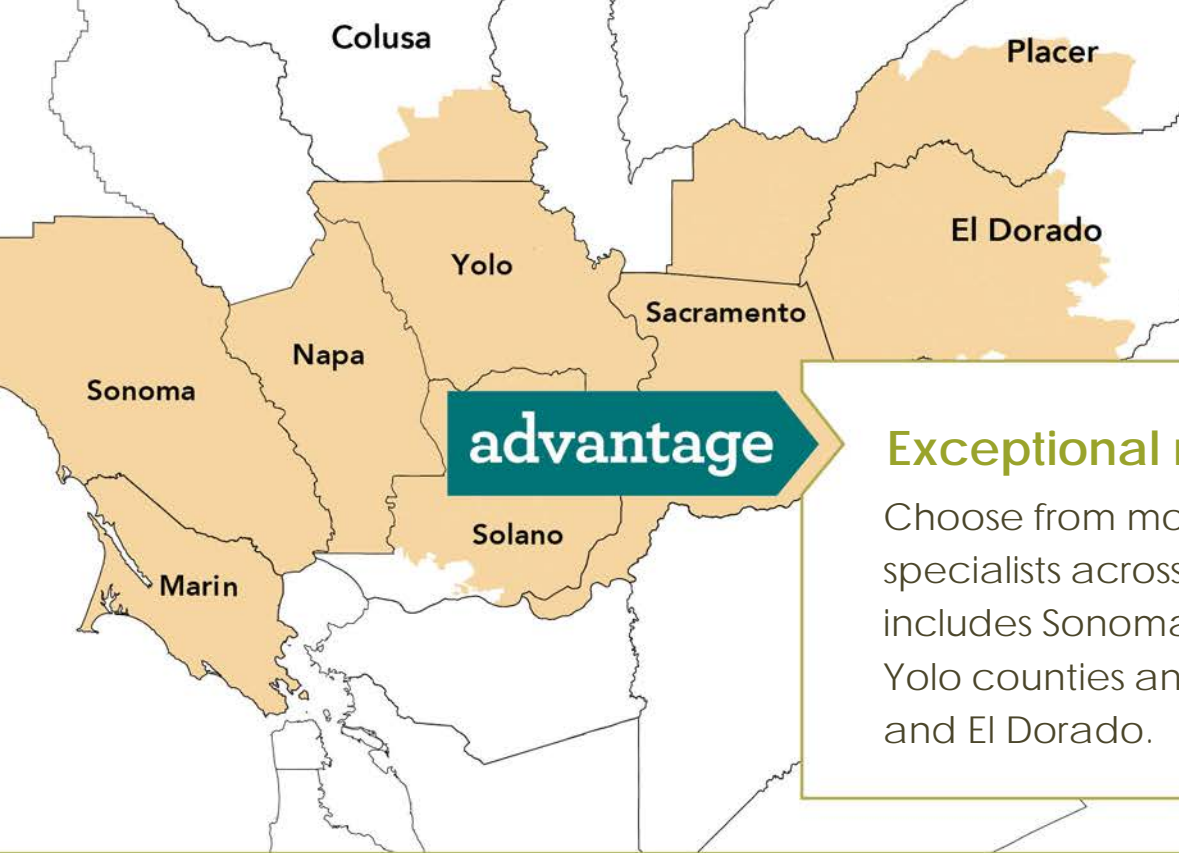
advantage

**The doctor you want is with WHA.**

WESTERN HEALTH ADVANTAGE is affiliated with the leading hospitals and doctors throughout Northern California. Our network of nearly 3,000 doctors and specialists are available to you regardless of your plan.

**6 MEDICAL GROUPS  
TO CHOOSE FROM**





**advantage**

## Exceptional range and reputation.

Choose from more than 680 PCPs and 2,100 specialists across nine counties. Our service area includes Sonoma, Napa, Marin, Sacramento, and Yolo counties and parts of Solano, Colusa, Placer and El Dorado.

**OUR NETWORK INCLUDES  
6 MEDICAL GROUPS AND  
ACCESS TO 15 HOSPITALS**



advantage

Exceptional range and reputation.



Western Health Advantage

Meritage Medical Network's affiliated medical groups and hospitals in the North Bay:

- Annadel Medical Group
- Northern California Medical Associates
- Petaluma Health Center
- Prima Medical Group
- Queen of the Valley Medical Associates
- Napa Valley Family Medical Group



Queen of the Valley • Santa Rosa Memorial • Petaluma Valley

Learn more | [choosewha.com/sonoma-county](https://choosewha.com/sonoma-county)

## advantage

Exceptional range and reputation.

Searching for a primary care physician (PCP) in the WHA network is as **easy as 1, 2, 3...**

Visit [choosewha.com/sonoma-county](https://choosewha.com/sonoma-county) -- your group's custom WHA site

Select the [provider search](#) link under FIND A DOCTOR (below the network logos)

The screenshot shows the 'Doctors' search section of the WHA provider search interface. It includes dropdown menus for 'TYPE OF DOCTOR' (set to 'Primary Care Provider'), 'ACCEPTING NEW PATIENTS' (set to 'Yes'), and 'TYPE OF FACILITY' (set to 'Hospital/Emergency Room'). There is a text input for 'NAME OF PROVIDER (OPTIONAL)' and a 'LOCATED NEAR' dropdown set to 'Enter your ZIP code'. A 'DISTANCE' dropdown is set to '10 miles'. A green 'Search' button is at the bottom. A red box highlights the 'Advanced Search Options' link. A red box at the bottom right contains the text 'Use Advanced Search to find a specialist'. Red numbers 1, 2, and 3 are placed over the 'Primary Care Provider', 'Yes', and 'Enter your ZIP code' fields respectively.

☒ Doctors

**1** TYPE OF DOCTOR: Primary Care Provider

**2** ACCEPTING NEW PATIENTS: Yes

NAME OF PROVIDER (OPTIONAL): Name of facility or last name of doctor

**3** LOCATED NEAR: Enter your ZIP code

DISTANCE: 10 miles

[> Advanced Search Options](#)

**Search**

**Use Advanced Search to find a specialist**

[Verification Process](#)



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## You choose your specialist.

Our partnership with our medical groups expands your choices of specialty physicians. With **ADVANTAGE REFERRAL** you have access to any participating specialist in our extensive network, not just from your medical group.

**6 MEDICAL GROUPS  
TO CHOOSE FROM**





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## PREMIER 10A



Opportunity. Diversity. Service.



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### SERVICE

**Annual deductible**

**Out-of-pocket maximum**

Preventive care services

Office visits

Diagnostic labs and imaging

Outpatient surgery (facility)

Hospital inpatient services

Emergency room

Urgent care center

Infertility\*

Chiropractic\* and acupuncture

### COPAYMENT

**none**

**self-only: \$1,500 | family: \$3,000**

covered in full

\$10, PCP or specialist

covered in full

\$10

covered in full

\$50, waived if admitted

\$10

\$10

\$15, up to 20 visits per year

\*copayments do not contribute to OOP maximum

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## PRESCRIPTION G



Opportunity. Diversity. Service.



Room to Move. Room to Grow.

### WALK-IN PHARMACY

up to 30-day supply

Preferred generic

### COPAYMENT

\$5

Preferred brand name

\$10

Non-preferred medication

\$20

### MAIL ORDER PHARMACY

up to 90-day supply

Preferred generic

\$5

Preferred brand name

\$10

Non-preferred medication

\$20





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### **24/7 pharmacy.**

EXPRESS SCRIPTS provides 24/7 access to pharmacy services. Order refills, renew prescriptions, compare coverage and pricing. Download the free Express Rx app for added convenience.

**CONVENIENT, ONLINE ACCESS TO MANAGE  
YOUR PRESCRIPTION MEDICATION**



**EXPRESS SCRIPTS®**

A woman with dark hair, wearing a pink button-down shirt, is sitting at a desk and talking to a blonde woman whose back is to the camera. The woman in pink is holding a pen and a notebook. The background is a blurred office or clinic setting.

## advantage

### **Behavioral health within reach.**

Mental health and substance abuse services are offered through **MAGELLAN HEALTH SERVICES** – with no referral required. Counselors are available to assist you with a wide variety of situations.

**VARIETY OF BEHAVIORAL HEALTH ASSISTANCE**





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### **Alternative medicine.**

ACUPUNCTURE AND CHIROPRACTIC BENEFITS can provide you with hands-on treatment for improved wellness of low back pain, neck pain, headaches and much more.

ACUPUNCTURE AND  
CHIROPRACTIC BENEFITS



A photograph of travel-related items including a woven straw hat with a leopard print band, a pair of black sunglasses, an open notebook, and a cup of coffee, all resting on a textured woven surface. A dark red passport is also visible.

## advantage

### 24/7 travel assistance services.

Your plan covers emergency services and urgent care wherever you are in the world. **ASSIST AMERICA** provides additional emergency services when more than 100 miles away from home.

**ASSIST AMERICA SERVICES INCLUDE BUT NOT LIMITED TO:** Prescription assistance  
Medical consultation, evaluation and referral | Emergency medical evacuation  
Lost luggage or document assistance | Arrangement of care for minor children





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### Exceptional range and reputation.

You deserve every opportunity possible to reach your goals. Our members have access to a suite of **HEALTH AND WELLNESS PROGRAMS**, from instructor-led classes to disease management programs.

**FIND BALANCE AND LIVE HEALTHIER WITH MYWHA WELLNESS ONLINE TOOLS**



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**24/7 nurse advice: call or chat.**

NURSE24 connects you with a registered nurse to answer any of your health and wellness questions, including direct referrals to disease management nurses.



**Western Health Advantage**



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### Anytime access with WHA Mobile.

With the [WHA MOBILE APP](#) on your smart phone, you'll have instant access to your WHA member ID card, details about your plan, as well as contact information for your PCP and other service providers.

24/7 ACCESS TO THE INFO YOU NEED MOST WITH FREE DOWNLOADABLE APPS



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# Questions?

**Thank you for considering WHA.**

Discover your advantage. Learn more at **[choosewha.com/sonoma-county](https://choosewha.com/sonoma-county)** and enter to win our drawing for a **FitBit Wellness Pack** (valued at \$250).



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